

2025

Curriculum Vitae



DR. PHIL.

MARIA GROINIG

THE POWER OF DIGNITY

Dr. phil. Maria Groinig, B.A. MA

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Curriculum Vitae (2025)

Short Profile

Dr. phil. Maria Groinig, B.A. MA, is a humanities, social, and educational scientist, as well as an author, trainer, keynote speaker, and performance artist. She brings a diverse range of experience in research, teaching, project management, public speaking, leadership, applied practice, and professional training – both within and beyond academia. She is a founding member of CENTRAC, the Continental European chapter of Global INTRAC.

In her academic career, she contributed to research at the Institute of Educational Science and Research at the University of Klagenfurt, focusing on educational research, biography and network studies, and the evaluation of violence protection centers. At the Institute of Social Pedagogy and Organizational Studies at the University of Hildesheim, she worked on projects related to societal participation, relational transitions, life course research, and the reappraisal, intervention, and prevention of sexualized violence. As a Senior Research Associate at the Department of Social Work and Community Development at the University of Johannesburg, she was responsible for advanced academic publications and for conceptualizing and acquiring third-party funded projects (CLiP, Sounding Board, YUP, MENT, DIGI-PPF, and FEE).

She completed the Psychotherapy Preparatory Course (ÖGWG) in Austria and the Psychodrama Leader Training (DFP / FEPTO) in Germany, alongside numerous further trainings in psychotraumatology, psychotherapy, research, professional development, teaching, and policymaking (OD). She is also a Certified Practitioner in Psychogenealogy and Transgenerational Therapy (Anne Ancelin Schützenberger International School | FEPTO), an (Ecobio-)Psychosocial Counselor (LSB), an Authorized Mountain Hiking Guide (Association of Carinthian Mountain Hiking Guides), and an Expert in the Power of Dignity, focusing on Education, Pedagogy, Health, and Personal Transformation.

Offers for Companies, Associations, and Organizations:

- Collaboration & Cooperation
- Science & Research
- Teaching & Practice Development
- Author, Co-Author & Editor
- Training, Workshop & Live Online-Webinar
- Lecture, Discussion Forum & Think Tank
- TV, Radio & Podcast
- Keynote Speaking & Performance Art
- Organizational Development & Policy Making

Consulting Services for Individuals:

- Careleavers Only: Care Leaving Coaching™
- Women Only: Farbenspiel™
- Mountain Summit and Source Experience™
- (Individual) Mountain Summit
- Brilliant Cut™
- Pre- and Postdocs: HABIL-Peer-Colloquium™
- Individual Sessions

Digital Profile

Website	https://www.mariagroinig.com
Linktree	https://linktr.ee/dr.phil.mariagroinig
ORCID	https://orcid.org/0000-0003-4549-1731
ResearchGate	https://www.researchgate.net/profile/Maria-Groinig
Expertenportal	https://expertenportal.com/maria-groinig
Proven Expert	https://www.provenexpert.com/dr-phil-maria-groinig/
Linked-In	https://www.linkedin.com/in/maria-groinig-569576285
META-Facebook	https://www.facebook.com/dr.phil.mariagroinig/
META-Instagram	https://www.instagram.com/dr.phil.mariagroinig/

Current Research Projects (As Research Fellow)

- Care Leaver Statistic (CLS). Participation in the life course of young adults – a long-term study. (09/2021–03/2024)

Completed Research Projects (As Research Fellow)

- Independent public inquiry in the context of child sexual abuse (CSA) and child institutional abuse (CIA): scoping review and research agenda based on international evidence. (03/2024–09/2024)
- Evaluation of the violence protection center Burgenland (01.05.2018–31.12.2019)
- Evaluation of the violence protection center Niederösterreich (01.05.2018–31.12.2019)
- Evaluation of the violence protection center Tirol (01.02.2018–31.12.2019)
- Evaluation of the violence protection center Kärnten (01.02.2018–31.12.2019)
- Formal education as a perspective for care leavers? Educational pathways and influence of social contextual conditions on the educational biographies of care leavers. (01.04.2016–31.03.2018)

Third-Party Funds 2024–2026

Acquisition of Third-Party Funded Projects

ERC Synergy Grant (Open)

Project title: Addressing Collective Institutional Trauma through Educational Pathways of Care Leavers

Leading Agency:

- ERC Synergy Grant

Principal Investigators (PI):

- Dr. Maria Groinig, University of Johannesburg, South Africa (Co-PI)
- Open Position, Croatia
- Open Position, Switzerland
- Open Position, Israel

Human resources (HR):

- Open Positions

Sounding Board:

- Prof. Dr. Adrian van Breda, University of Johannesburg, South Africa
- Dr. Kiran Modi, Udayan Care, India

ÖNB-Tandem (Open)

Project title: Financial and Entrepreneurship Education in the Context of Child and Youth Welfare (FEE)

Leading Agency:

- ÖNB Cluster 16

Principal Investigators (PI):

- Dr. Maria Groinig, University of Johannesburg, South Africa

Tandem Partner (separate submission in Cluster 19):

- Dr. Wolfgang Hagleitner, University of Innsbruck, Austria

Human resources (HR):

- Open Positions

Sounding Board:

- Open Positions

FWF PIN WEAVE (Review starting 2026)

Project title: Youth and Sexual Exploitation (YUP). Institutional Protection Gaps, Intervention Strategies, and Preventive Measures – A Transnational Analysis across Germany, Austria and Switzerland (DACH Region).

Leading Agency:

- FWF

Principal Investigators (PI):

- Dr. Maria Groinig, University of Vienna, Austria (FWF; cPI)
- Prof. Dr. Paula Krüger, University of applied science Lucern, Switzerland (SNSF)
- Prof. Dr. Alexandra Klein, University of Mainz, Germany (DFG)

Human resources (HR):

- 3 Postdoc candidates
- 3 Predoc candidates
- 3 Student assistants

Sounding Board:

- 15 Letters of Collaboration (national and international)

FWF PAT Einzelprojekt (reviewed since 3/2024)

Project title: Care Leaving in Progress (CLiP). A Participatory, Diversity-Informed Living Lab on Educational and Life Course Transitions of Young People with Experience in Out-of-Home Care.

Leading Agency:

- FWF

Principal Investigator (PI):

- Dr. Maria Groinig, University of Vienna, Austria

Human resources (HR):

- Senior Postdoc: Dr. Wolfgang Hagleitner
- Predoc: Manuel Scherer

Sounding Board:

- 31 Letters of Collaboration (national and international)

2022 **Travel Grant**

SDNS Summer School of Social Research Methods
University of Lodz / Poland (22.8.-02.09.2022)

Since 2018 **Participation in the Acquisition of Third-Party Funded Projects**

Institute for Educational Science and Research / University of Klagenfurt / Austria

FWF PAT Einzelprojekt (funded)

Projekt title: Auseinandersetzung mit Familie in der Statuspassage Leaving Care und deren Bedeutung für Prozesse der Selbstbildung und der Herstellung von sozialen Zugehörigkeiten.

PI: Univ.- Prof. Dipl.-Päd. Dr. Stephan Sting

Advertised funding line

Projekt title: Demokratie leben und lernen an Schulen.

PI: Univ.- Prof. Dr. Hans Karl Peterlini

Memberships and Networks

since 2026 Member of the [Austrian Federal Economic Chamber \(WKO\)](#)

since 2025 Member of the [German Professional Association for Psychodrama \(DFP e.V.\)](#)

since 2023 [Expertenportal](#)
Expert in the Power of Dignity, focusing on Education, Pedagogy, Health, and Personal Transformation

since 2021 Member of the [Carinthian Mountain Hiking Guides Association](#)

since 2021 [Global INTRAC](#) Steering Group Member (2021 - 2024) & [CENTRAC](#) Founding Member (2023 - 2025)

International Research Network on Transitions to Adulthood from Care

- 2021–2024 Memberships at the Institute for Social and Organizational Pedagogy
University of Hildesheim, Germany
- Research association of the [CLS study](#)
 - Cluster Quantitative Social Research
 - [Research network for child and youth support](#)
 - CLiP (Care Leaving in Progress)
 - Cluster Law and Social Policy
- 2023–2024 Member of [AVM \(Arbeitsgemeinschaft für Verhaltensmodifikation e.V.\)](#)
- 2020 Member of [ÖAGG \(Österreichischer Arbeitskreis für Gruppentherapie und Gruppendynamik\)](#)
- since 2017 Member of the [Netzwerk Sozialpädagogik in Austria](#)
- since 2016 Member of the Alumni Netzwerk der Universität Klagenfurt (AAU)
- Advisory Boards**
- 2/2025 (5 years) NAVIGATE: Navigating Life After Care – Longitudinal Study of Vulnerability and Resilience (Croatian Science Foundation)
- 9/2025–8/2028 LISARC: Life situations after residential care - Transdisciplinary secondary analysis of confrontations and positioning in young adulthood with one's own past (SNSF project)

Academic Self-Administration

- 2021–2024 Institute for Social Pedagogy and Organizational Studies / University of Hildesheim / Germany
- Research network for the CLS study
 - INKO
 - Structure day
 - Research clusters and networks
 - Deputy member of the representative body for severely disabled people
- 2016–2020 Institute for educational science and research / University of Klagenfurt / Austria
Institute conference
- AG of the work area for social pedagogy and inclusion research, research workshops
 - AG teaching
 - Conference organization

Research Profile

- Research Interests
- Qualitative, Quantitative, Participatory, and Art-based Approaches in Social and Educational Research
 - Professional ethics, data protection, and rights-based perspectives in practice and research with vulnerable and marginalized groups
 - Professional and Action Fields in Pedagogy (Particularly Youth Research and Curative Education)
 - Cultural, Social, Formal, and Transformative Education
 - Transition Research and Socio-Demographic Inequality
 - Societal Participation, Social Inclusion/Exclusion and Engagement
 - Organizational Research and Target Group Research
 - Child and Youth Welfare, Out-of-Home Care and Leaving Care
 - Care-Leaving Research and Careleaver Communities
 - Reappraisal, Intervention and Prevention of Sexual Exploitation
 - Family and Intergenerational Transfer Research
 - Identity Formation and Network Research
 - Biography and Life Course Research
 - Violence Prevention and Intervention
 - (Ecobio-) Psychosocial Work / Counseling, Youth Cultural Animation and Referral Counseling

- Psychodrama, Physiodrama, Sociometry, Axiodrama, Sociodrama, and Scenic-Creative and Scenic-Systemic Approaches
 - Psychotraumatology and Dignity-Oriented Approaches
 - Digitization, Digitality and AI
 - Internship Support and Practice Evaluation
 - Research-Based Organizational Development and Policymaking
- Scientific Disciplines by the
 Statistics Austria Code
- 503027—Social Pedagogy
 - 503006—Educational Research
 - 303026—Public Health
 - 504011—Family Research
 - 509008—Children’s Research, Youth Research
 - 503034—Inclusive Pedagogy
 - 504007—Empirical Social Research
 - 509011—Organizational Development
- Research Collaborations**
 (national and international,
 selected)
- CENTRAC & Global INTRAC
 - University of Johannesburg
 - Research association of the CLS study (Germann Youth Institute Munich, IGfH, GISS, UHI)
 - University of Hildesheim
 - University of Osnabrück
 - University of Mainz
 - Lucerne University of applied science
 - Zurich University of Applied Sciences
 - University of Klagenfurt
 - University of Vienna
 - University of Innsbruck
 - University of Salzburg
 - Bertha von Suttner Private University of St. Pölten
 - MCI Innsbruck
 - FH St. Pölten
- Cooperations with
 Companies, Organizations,
 and Associations**
 University of Hildesheim
 (selected)
- St. Ansgar child and youth welfare
 - PATH Federal Association e. v.
 - Care Leaver e.V.
 - Child and Youth Welfare Law Association e.V.
 - Federal network of care leaver initiatives
 - Careleaver* collective Leipzig
 - Careleaver bridge stones
 - Careleaver Center Dresden “House of Dreams” (HoD)
 - Federal Association of Unaccompanied Minor Refugees (BumF)
 - Ombudsman offices
- University of Klagenfurt (AAU)
 (selected)
- Josefinum socio-educational & therapeutic center for children and young people
 - Caritas Carinthia
 - Antonius Children’s Home Meeting / House Antonius—socio-educational facility
 - SOS Children’s Villages
 - Pro Juventute
 - Diakonie de la tour
 - Umbrella association of Carinthian child and youth welfare institutions
 - Umbrella association of Austrian child and youth welfare institutions
 - Child and Youth Ombudsman Vienna
 - FICE Austria
 - Care Leaver Association Austria
 - levelUp Psychological and Psychosocial Services OG
 - Violence Protection Center in Carinthia, Burgenland, Tyrol and Lower Austria
- Awards**
 2024
- Hermann Scherer Platinum Award

Speaker Slam & Ultimate Business Fighting | Mastershausen, Germany

2024

Excellent Experience Seal and Expert Award

Expertenportal | Webpage: <https://expertenportal.com/maria-groinig>

Appeal proceedings

Invitation to the presentation event

W2 Professorship "Educational Science with a Focus on Social Pedagogy/Youth and Society"

Bergische Universität Wuppertal, North Rhine-Westphalia (NRW), Germany

Second Position on The Slate

W1 Junior Professorship in "Educational Science with a Focus on Social Pedagogy"

University of Magdeburg, Saxony-Anhalt, Germany

Invitation to the presentation event

W2 Professorship in Social Work and Counseling

htw saar – University of Applied Sciences, Saarbrücken, Saarland, Germany

Invitation to the presentation event

Associate Professor of Social Work Science

FH JOANNEUM Graz, University of Applied Sciences, Styria, Austria

Invitation to the presentation event

Professorship for "Evaluation and Quality Management"

Viktor Frankl University, University of Teacher Education Carinthia, Austria

Invitation to the interview

Professor for Social Pedagogy

University of Applied Sciences St. Pölten, Lower Austria, Austria

Invitation to the presentation event

Professor of Counseling Sciences with a Focus on Counseling in Digital Contexts

University of the Federal Employment Agency (HdBA), Campus Schwerin, Mecklenburg-Vorpommern, Germany

Invitation to the interview

Professor for Social Work with a Focus on Theories & Research

Department of Social Work and Health, FHV - Vorarlberg University of Applied Sciences, Dornbirn, Vorarlberg, Austria

Invitation to the presentation event

Professor of Social Work with a Focus on Social Policy & Social Management

Department of Social Work, MCI | The Entrepreneurial School® Innsbruck, Tyrol, Austria

Invitation to the presentation event

W2-Professor of Social Work with a Focus on Social Planning and Cultural

Education Esslingen University of Applied Sciences, Baden-Württemberg, Germany

Invitation to the presentation event

W1-Junior Professor of Educational Science with a Focus on Childhood Studies

Alanus University of Arts and Social Sciences, Mannheim Study Center, Baden-Württemberg, Germany

Fourth Position on The Slate

W2-Professor of Social Work with a Focus on Youth Work, Youth Policy, and

Democracy Education Ernst Abbe University of Applied Sciences Jena, Thuringia, Germany

Academic positions

8/2025–7/2027

Senior Research Associate

Department of Social Work and Community Development / University of Johannesburg / South Africa

Dr. phil. Maria Groinig, B.A. MA

Scientist, Author, Trainer, Keynote Speaker, Performance Artist, Psychodrama Leader (DFP / FEPTO), Certified Practitioner in Psychogenealogy and Transgenerational Therapy (Anne Ancelin Schützenberger International School |

FEPTO), (Ecobio-)Psychosocial Counselor (LSB), Authorized Mountain Hiking Guide (Association of Carinthian Mountain Hiking Guides) and Expert in the Power of Dignity, focusing on Education, Pedagogy, Health, and Personal Transformation

- **Self-Management:** Organization, Coordination, Front and Back Office, Digital Creator, Marketing, Sales, etc.
- **Relevant Application and Appointment Processes in the DACH Region:** (1) Over 300 applications, (2) 12 appeal proceedings, (3) 12 application proceedings
- **Habilitation Procedure:** (1) Peer-review publications, (2) Framework text, (3) Coordination and Organization of the HABIL-Peer-Colloquium, (4) Organization of the habilitation procedure
- **Third-Party Funding Acquisition:** (1) FWF PAT | Care Leaving in Progress (CLiP), (2) CENTRAC Sounding Board, (3) FWF PIN WEAVE | Youth and Sexual Exploitation (YUP), (4) ERC Starting Grant 2026 | Mentalization, Embodiment and Stabilization Skills for Children, Youth and (Emerging) Adults at High Risk (MENT), (5) Offen | Digitality, Digitalization and AI in the field of Education and Social Work: Past, Present and Future (DIGI-PPF), (6) ERC Synergy Grant | Open, (7) ÖNB-Tandem Cluster 16 | Financial and Entrepreneurship Education in the Context of Child and Youth Welfare (FEE)
- **Editorial Board:** (1) Anthology Scenic Content Diagnostics, (2) Anthology Personality – Childhood – Transformation, (3) Anthology Life – Resonance – Diversity – Education – Societal Participation, (4) Anthology Trauma-Informed Approaches and Art-based Methods in the Context of Children and Youth Self-Help
- **Networks:** (1) CENTRAC, (2) Global INTRAC, (3) Advisory Boards
- **Consulting, Coaching & Group Training:** (1) Pre- and Postdocs: HABIL-Peer-Colloquium™, (2) Careleavers Only: Care Leaving Coaching™, (3) Individual Sessions
- **Non-Fiction Books:** (1) Mountain Summit and Source Experience, (2) Women Only: Farbenspiel
- **Consulting Services for Private Individuals:** (1) Women Only: Farbenspiel™, (2) Mountain Summit and Source Experience™, (3) (Individual) Mountain Summit, (4) Brilliant Cut™
- **Educational Programs with Cooperation Partners:** (1) ZKQ – Certification Commission for Lateral Entry into Secondary Education in the Subject of Inclusive Education (Special Education) & General Education (German; Biology and Environmental Studies; Psychology and Philosophy; Ethics; Nutrition and Home Economics)
- **Further Education and Training:** (1) BWF, (2) Psychodrama Leader (DFP / FEPTO), (3) (Eco-bio) Psychosocial Counseling (LSB), (4) Intervention, (5) B2B

10/2024–6/2025

Home-Office | Remote-Work | UG

Dr. phil. Maria Groinig, B.A. MA

Scientist, Author, Trainer, Keynote Speaker, Performance Artist, Psychodrama Leader (DFP / FEPTO), Certified Practitioner in Psychogenealogy and Transgenerational Therapy (Anne Ancelin Schützenberger International School | FEPTO), (Ecobio-)Psychosocial Counselor (LSB), Authorized Mountain Hiking Guide (Association of Carinthian Mountain Hiking Guides) and Expert in the Power of Dignity, focusing on Education, Pedagogy, Health, and Personal Transformation

- **Self-Management:** Organization, Coordination, Front and Back Office, Digital Creator, Marketing, Sales, etc.
- **Relevant Application and Appointment Processes in the DACH Region:** (1) Over 200 applications, (2) 10 appeal proceedings, (3) 10 application proceedings
- **Habilitation Procedure:** (1) Peer-review publications, (2) Framework text, (3) Coordination and Organization of the HABIL-Peer-Colloquium, (4) Organization of the habilitation procedure
- **Third-Party Funding Acquisition:** (1) FWF PAT | Care Leaving in Progress (CLiP), (2) CENTRAC Sounding Board, (3) FWF PIN WEAVE | Youth and Sexual Exploitation (YUP), (4) ERC Starting Grant 2026 | Mentalization, Embodiment and Stabilization Skills for Children, Youth and (Emerging) Adults at High Risk (MENT), (5) Open Call | Digitality, Digitalization and AI in the field of Education and Social Work: Past, Present and Future (DIGI-PPF), (6) ERC Synergy Grant | Open

- **Editorial Board:** (1) Anthology Scenic Content Diagnostics, (2) Anthology Personality – Childhood –Transformation, (3) Anthology Life – Resonance – Diversity – Education – Societal Participation
- **Networks:** (1) CENTRAC, (2) Global INTRAC, (3) Advisory Boards
- **Consulting, Coaching & Group Training:** (1) Pre- and Postdocs: HABIL-Peer-Colloquium™, (2) Careleavers Only: Care Leaving Coaching™, (3) Individual Sessions
- **Non-Fiction Books:** (1) Mountain Summit and Source Experience™, (2) Women Only: Farbenspiel™
- **Consulting Services for Private Individuals:** (1) Women Only: Farbenspiel™, (2) Mountain Summit and Source Experience™, (3) (Individual) Mountain Summit, (4) Brilliant Cut™
- **Further Education and Training:** (1) Certification application as Psychodrama Leader (DFP / FEPTO), (2) Business registration for (Eco-bio) Psychosocial Counseling (LSB)

9/2021–9/2024 **Research Fellow, University Lecturer and Third Mission | 75% - 100%**
 Institute of Social Pedagogy and Organizational Studies, University of Hildesheim, Germany
3/2024–9/2024: Research activities and acquisition of third-party funding
 Independent public inquiry in the context of child sexual abuse (CSA) and child institutional abuse (CIA): scoping review and research agenda based on international evidence.
9/2021–3/2024: Panel Study / Joint Project
 Care Leaver Statistics (CLS). Participation in the life course of young adults – a long-term study. | Website: <https://cls-studie.de/>

2024 **Author (Study Booklet and Digital Learning Environment)**
 EURO-FH Hamburg
 of teaching material in the context of youth research and special education

3/2017–8/2023 **University Lecturer, Speaker and Trainer**
 Institute for Educational Science and Research, University of Klagenfurt, Austria

4/2016–7/2020 **Research Fellow, University Lecturer and Third Mission | 50% - 100%**
 Institute for Educational Research, University of Klagenfurt, Austria
PI: Univ.- Prof. Dipl.-Päd. Dr. Stephan Sting

- **2/2020–7/2020: Research Associate (full-time, temporary stand-in position)**
- **6/2019–7/2019: Research Fellow at the course on asylum and migration support**

PI: Univ.- Prof. Dip.-Päd. Dr. Stephan Sting
Project: Evaluation of the violence protection centers in Carinthia, Lower Austria, Tyrol and Burgenland

- **2/2018–3/2019: Research Fellow in the contract research project**

PI: Univ.- Prof. Dip.-Päd. Dr. Stephan Sting
Project: Educational pathways and influence of social context conditions on the educational biographies of care leavers

- **4/2016–1/2018: Research Fellow in the third-party-funded project (ÖNB)**

Professional Experience
 12/2023–11/2025

Freelance Work

Dr. phil. Maria Groinig, B.A. MA

Scientist, Author, Trainer, Keynote Speaker, Performance Artist, Psychodrama Leader (DFP / FEPTO), Certified Practitioner in Psychogenealogy and Transgenerational Therapy (Anne Ancelin Schützenberger International School | FEPTO), (Ecobio-)Psychosocial Counselor (LSB), Authorized Mountain Hiking Guide (Association of Carinthian Mountain Hiking Guides) and Expert in the Power of Dignity, focusing on Education, Pedagogy, Health, and Personal Transformation

- **Expert Status**
 - mariagroinig.com
 - expertenportal.com/maria-groinig
- **Social Media Marketing & Digital Creator**
 - Instagram
 - Facebook

- LinkedIn
 - **Consulting Services for Private Individuals**
 - Careleavers Only: Care Leaving Coaching™
 - Women Only: Farbenspiel™
 - Mountain Summit and Source Experience™
 - (Individual) Mountain Summit
 - Brillant Cut™
 - Pre- and Postdocs: HABIL-Peer-Colloquium™
 - Individual Sessions
 - **Keynote Speaking & Performance Art**
 - Ultimate Business Fighting Mastershausen, Germany
 - Speaker Mastermind New York, USA
 - Speaker Slam Dubai, VAE
 - International Speaker Slam Wiesbaden, Germany
 - **TV, Radio & Podcast**
 - "Crime Scene Health" Podcast: Dr. Maria Groinig & Dr. Frank Essers – Epigenetics and Collective Consciousness in the Context of Transgenerational Transmission (6/2025)
 - Expert Podcast: #861 Psychodrama (12/2024)
 - TV Interview: Care Leaving in Progress (CLiP) (10/2024)
 - TV Interview: The Power of Dignity (5/2024)
 - Expert Podcast: Season 1, #821 Dr. Maria Groinig – Pain Is Not the Problem, but the Solution to the Boundary (4/2024)
 - Radio Interview: Dignity Is Non-Negotiable (2/2024)
 - Expert Podcast: Growing Up Doesn't Work Anymore – Without Money! (11/2023)
-
- 2/2013–12/2013 **Employee**
 Mobile Social Services Department, Carinthian Caritas Association, Austria
-
- 11/2011–1/2013 **Internship**
 Social advice, mobile social services, family assistance, homeless assistance, Carinthian Caritas Association, Austria
-
- Since 2006 **School- and university-related activities (minor employment, part-time, full-time)**
 Austria / Switzerland
 Professional and fields of activity: Tourism; Agriculture; Trade (fashion and book industry); Learning support; Childcare; Commitment to sustainability and social justice.
-
- Volunteering**
- 9/2022–10/2023 **Deputy member of the group representing disabled people and people with health conditions (SBV) | Sections 176–183 SGB IX**
 University of Hildesheim, Germany
-
- 2017–2019 **Female mentoring workshops**
 Adult education | Training | Consulting
 Freelance work, Austria
-
- 8/2016 **Group leader in the intercultural EU action project “Be the Change” International action project to develop care leaver standards.**
 FICE International, Vienna
-
- 3/2013–2/2016 **Sexual education in schools and care institutions**
 achtung°liebe. The sex education project for young people.
 Austrian Medical Students' Association Vienna, Klagenfurt city group
-
- 7/2013–12/2014 **Participant in and leader of the intercultural EU action project**
 Connect. Empower. Act. For a fair and sustainable Earth.

WWF Austria & Romania / youngCaritas Austria/ New Horizons Romania

International Stays and Excursions

9/2024

Research and network stay Buenos Aires

Buenos Aires, Argentina (21.09.-28.09.2024)

Topics: INTRAC Steering Group and panel discussion on international perspectives on care and supporting the transition to adulthood for youth in state care; Research exchange; sightseeing of cultural features.

8/2024

Hermann Scherer Mastermind New York

New York, US (22.08.-24.08.2024)

Topics: Expert-Intervision, Business-Development, Marktanalyse, Social Media Marketing, e.g.

6/2024

Hermann Scherer Mastermind Dubai

Dubai, United Arab Emirates (01.06.-03.06.2024)

Topics: Expert-Intervision, Business-Development, Marktanalyse, Social Media Marketing, e.g.

10/2022

Research and network stay

University of Chicago, Crown Family School, US / Toronto Metropolitan University, Canada (October 12-26, 2022)

Topics: INTRAC Steering Group and panel discussion on international perspectives on care and supporting the transition to adulthood for youth in state care; Research exchange; sightseeing of cultural features.

8/2022

SDNS Summer School of Social Research Methods

University of Lodz / Poland (August 22-September 2, 2022)

Topics: Qualitative and quantitative methodological approaches; participatory social research; doing research as policymaking and liaison/advocacy work; research(er) ethics; art and science; prognostic research in political sciences.

6/2017

Excursion to Croatia and Bosnia as part of the course: Current developments in child and youth welfare

Organization: Univ.- Prof. Dr. Stephan Sting & Maria Groinig, MA

6/2015

Excursion to Turkey as part of the course: Growing up outside the family of origin

Organization: Univ.- Prof. Dr. Stephen Sting

Academic Education

2024–2027

Habilitation (Dr. phil. habil.), University of Graz, Austria

Venia docendi / legendi in Academic Social Pedagogy

Habilitation thesis: Life – Resonance – Diversity – Education – Participation. Approaches to Crisis Intervention and Prevention in the Context of Child and Youth Welfare, Out-of-home Care, and Leaving Care. Beltz Juventa.

Chair of the Habilitation Committee: Univ.-Prof. Dr. phil. habil. Arno Heimgartner

Reviewer: To be appointed

Reviewer: To be appointed

Final evaluation: Pending

2017–2023

Doctor of Philosophy (Dr.in phil.), University of Klagenfurt (AAU), Austria

Humanities, Social and Educational Science: Social and Integrative Pedagogy

Doctoral thesis: Leaving care - educational success - life conditions. Shaping well-being and sustainable educational and professional pathways in processes of relationship and identity modification. Beltz Juventa.

Supervisor: Univ.- Prof. Dipl.-Päd. Dr. Stephan Sting
Reviewer: Univ.-Prof. Dr. phil. habil. Arno Heimgartner
Reviewer: Prof. Dr. Wolfgang Schröer
Degree: Sehr gut | with honors

2014–2016 **Master's degree (Master of Arts, MA),** University of Klagenfurt (AAU), Austria
Social and Integrative Pedagogy
Main areas of interest: Intercultural learning and education; Heterogeneity and social inequality in the educational context; migration research; Sustainable development; education for sustainable development; organization, institution and group dynamics; psychodrama, sociometry and role play; sexual education; growing up in out-of-home care without the family of origin; diversity in educational fields; Women, gender and sociological approaches; youth and transition research; qualitative research methods; linguistics.
Master thesis: The status passage leaving care in Carinthia. Equal opportunities for emerging adults with a background in out-of-home care – reality or illusion?
Reviewer: Univ.- Prof. Dipl.-Päd. Dr. Stephan Sting
Degree: Sehr gut | with honors

2010–2014 **Bachelor's degree in educational science (Bachelor of Arts, B.A.),** University of Klagenfurt (AAU), Austria
Educational Science and Research
Main areas of interest: women, gender and sociological approaches; peace education; Psychological foundations; Qualitative and quantitative research methods; history and theories of education; Biographical stress in childhood and youth development; Teacher education in the European context.
Bachelor's thesis: Care-Leaving in the context of child and youth welfare. Disadvantaged young people on their way to independent living.
Supervisor: Univ.-Prof. Dipl.-Päd. Dr. Stephen Sting

Continuing Education

- 10/2025–3/2026 **ZKQ – Certification Commission for Lateral Entry into Secondary Education in the Subject of Inclusive Education (Special Education) & General Education (German; Biology and Environmental Studies; Psychology and Philosophy; Ethics; Nutrition and Home Economics)**
Webpage: <https://www.bmb.gv.at/Ministerium/Das-BMBWF.html>
- 11/2023–10/2025 **GOLD & PLATIN Program including Speaker Mastermind Munich, Speaker Slam Dubai, Speaker Mastermind NYC, and Speaker Slam Las Vegas**
Hermann Scherer GmbH & Co. KG
Webpage: <https://go.hermannscherer.com/goldonline>
- 2/2022–6/2025 **Psychodrama Leader (DFP | FEPTO)**
Institute for Social Interaction (ISI) Hamburg, Germany
Website: <https://isi-hamburg.org/>
Final Paper: Groinig, M. (2025). Die halt- und haltungslosen Statuspassagen. Der Herzenswunsch als Wegweiser im Übergang. (Status passages without support and stance. The heartfelt wish as a guide in transition.)
- 6/2024–5/2025 **Certified Life and Social Counselor (LSB) / (Ecobio-)Psychosocial Counselor (LSB)**
WKO, Professional Association for Personal Counseling and Care (Individual Qualification and Positive Statement on 28.05.2025)
Website: <https://www.wko.at/wien/gewerbe-handwerk/personenberatung-betreuung/checkliste-lsb-kommentiert-final-03-2014.pdf>
- 5/2021–2/2022 **Authorized Mountain Hiking Guide**
Association of Carinthian Mountain Guides, Austria

Website: <https://www.bergwanderfuehrer-kaernten.at/>

10/2020–9/2021

Career Cake – Think & Do Tank for Intersectoral Career Development | LBG Summer School LEAD_able

Ludwig Boltzmann Gesellschaft, Vienna, Austria

Website: <https://cc.lbg.ac.at/>

3/2029–2/2021

Certified Practitioner in Psychogenealogy and Transgenerational Therapy (CPTT | FEPTO)

Anne Ancelin Schützenberger International School of Transgenerational Therapy, International

Website: <https://psychogenealogy.org/>

Final Paper: »In my family everyone was just too much victim. Power is better than powerlessness. Before I'm a victim, I'd rather be a bad perpetrator« A Care Leavers pathway through the generations: From the grandson of soviet gulag inmates to a military officer and beyond.

10/2026–1/2019

Propaedeutic Program in Psychotherapy

ÖGWG, Klagenfurt / Vienna / Linz, Austria

Website: <https://www.oegwg.at/bildung/propaedeutikum/>

Final Paper: "What is Psychotherapy? – Accept a person as they are, then they become who they are meant to be?"

2/2017–6/2018

Advanced Training Program for Early Career Researchers: "Developing and Expanding Teaching and Research Competencies"

University of Klagenfurt (AAU), Austria

Professional Development in the Context of Science and Research (As Participant)

ERC StG / CoG Workshop

Faculty of Philosophy and Education, University of Vienna, Online, 21.05.2025

Moderator: Dr. Angela Meyer

Book Presentation: "Poverty Discourses. Perspectives from Media, Politics, and Social Work"

Robert-Musil Literature Museum & Online, 30.01.2025

Moderator: Alban Knecht (Alpen-Adria-Universität Klagenfurt / Austrian Poverty Conference)

Memorial Pedagogy after 1990 – Case Study: Ravensbrück Memorial

Lecture Series, Department of Social Work, Education and Upbringing, Hochschule Neubrandenburg, 07.01.2025

Lecture: Matthias Heyl

Disciplinary Practices in Intensive Pedagogy Today – Connections with Practices in DDR Institutional Care

Lecture Series, Department of Social Work, Education and Upbringing, Hochschule Neubrandenburg, 26.01.2024

Lecture: Anett Quint

Research Data Management

GESIS – Leibniz Institute for Social Sciences, 16.–17.05.2023

Instructor: Dr. Sebastian Netscher

DGfE Commission Conference on Social Pedagogy "Social Pedagogical Times"

University of Rostock, 23.–25.03.2023

Online Training on Legal Foundations and Aspects of SBV Work

HSBV, Online, 08.02.2023

Instructor: Christian Stichternath

Online Training on Social Administrative Law in Child and Youth Welfare
LVR State Youth Welfare Office Rhineland, Online, 07.02.2023

CLS Workshop: Refresher on Child and Youth Welfare Law and Introduction to R
University of Hildesheim, 01.02.2023
Instructors: Prof. Dr. Kirsten Schweie, Christian Koop, Prof. Dr. Janna Teltemann

Workshop in Quantitative Social Research
University of Hildesheim, 15.–16.11.2022
Instructor: Prof. Dr. Janna Teltemann

Introduction to Linear Structural Equation Models – Innsbruck Summer Seminar on Methods of Empirical Social and Educational Research
University of Innsbruck, 04.–06.07.2022
Instructor: Univ.-Prof. Dr. Fred Berger

Training in Quantitative Social Research
German Youth Institute, 07.–08.06.2022
Instructor: Wolfgang Hagleitner

Publication Week (Data Protection, Open Access, ORCID, Reviews)
Graduate Center, University of Hildesheim, Online, 2022

(DFG) Grant Applications for Research Projects – Workshop for Doctoral Candidates and Postdocs
Cross-University Continuing Education Lower Saxony, Online, 2022

Bourdieu Working Group on Research Projects in Educational Science, Educational Research, and Social Work
Alpen-Adria-Universität Klagenfurt, 2017–2021
Instructor: Post-Doc Ass. Dr. Sara-Friederike Blumenthal

Research Workshop on IPA
Alpen-Adria-Universität Klagenfurt, 2018
Instructor: Prof. Dr. Jonathan A. Smith

The FWF Funding Machine – How to Successfully Present Your Idea
Alpen-Adria-Universität Klagenfurt, 2018
Organized by: Personnel Development & Health Management

Winter School: Participatory Educational Research
University of Duisburg-Essen (IZfB), 20.–23.11.2017

The Subject in the Focus of Research – Symposium on Current Approaches in Participatory Research
Alpen-Adria-Universität Klagenfurt, 13.–14.11.2017
Organized by: Working Group on Qualitative Social Research

Research Workshop on Reflexive Grounded Theory
Alpen-Adria-Universität Klagenfurt, 12.–13.10.2017
Instructor: Prof. Dr. Franz Breuer

Research Workshop: The Documentary Method
Institute of Psychology, Alpen-Adria-Universität Klagenfurt, WS 2017/18
Instructor: Dipl.-Sociologist Anette Reuer

Research Workshop for Qualitative Projects
Institute of Educational Science and Educational Research, Alpen-Adria-Universität Klagenfurt, SS 2016 – SS 2017
Instructor: Dr. Daniela Rothe

**Professional Development in
Teaching, Leadership,
Diversity, Digitalization,**

Women's Entrepreneurship Program – Information Session
bit management Beratung GmbH, 26.11.2024

**Health Promotion, and
Organizational Development
(As Participant)**

Media Training

University of Hildesheim, Trainer: Dirk Hans, 23.10.2023

Contractual Aspects of Business Start-Ups

Wirtschaftsförderungsgesellschaft Hildesheim Region (HI-REG) mbH, 06.06.2023

Foundations Seminar – Business Start-Up

Wirtschaftsförderungsgesellschaft Hildesheim Region (HI-REG) mbH, 18.03.2023

Cost Accounting and Calculation

Wirtschaftsförderungsgesellschaft Hildesheim Region (HI-REG) mbH, 14.02.2023

Information Security for Companies

Wirtschaftsförderungsgesellschaft Hildesheim Region (HI-REG) mbH, 17.01.2023

Rights and Duties of Management

Wirtschaftsförderungsgesellschaft Hildesheim Region (HI-REG) mbH, 29.11.2022

GDPR – Your Roadmap for Practical Implementation

ZEIT Akademie, 2021

Summer School “Lead_ABLE: Leadership & Management Skills for Researchers”

Ludwig Boltzmann Gesellschaft, Vienna/Baden, 2021

Organization Training | OLab

Alpen-Adria-Universität Klagenfurt (SCOL), Trainer: Ao. Univ.-Prof. i.R. Dr. Ewald Krainz, 2021

Slam that Science

Professional Development, Alpen-Adria-Universität Klagenfurt, 2021

The Art of Setting Boundaries Skillfully and Kindly

Professional Development, Alpen-Adria-Universität Klagenfurt, 2021

Introductory Seminar Supervision, Coaching, and Organizational Consulting

Austrian Working Group for Group Therapy and Group Dynamics (ÖAGG), Vienna, 2020

Re_Acting in Cases of Sexual Harassment

Professional Development, Alpen-Adria-Universität Klagenfurt, 2020

Presenting with Impact

Professional Development, Alpen-Adria-Universität Klagenfurt, 2020

Teaching to Camera

Professional Development, Alpen-Adria-Universität Klagenfurt, 2020

Between Climate Powerlessness, Emancipatory Movements, and Utopian Practice – Transformative Learning in the Context of Major Transformations

Professional Development, Alpen-Adria-Universität Klagenfurt, 2020

Career Development Coaching

Business Women Center, 2020

Gamification in Teaching

Professional Development, Alpen-Adria-Universität Klagenfurt, 2020

Event Organization

Professional Development, Alpen-Adria-Universität Klagenfurt, 2020

Personnel Procedures via Classroom

Professional Development, Alpen-Adria-Universität Klagenfurt, 2020

Resilience

Professional Development, Alpen-Adria-Universität Klagenfurt, 2019

Conflict Management

Professional Development, Alpen-Adria-Universität Klagenfurt, 2019

Power Games in Universities? Absolutely!

Professional Development, Alpen-Adria-Universität Klagenfurt, 2019

Excellence is a Matter of the Right Conditions – Especially in Leadership

Professional Development, Alpen-Adria-Universität Klagenfurt, 2019

Argue Differently! – Look Forward to the Next Debate

Professional Development, Alpen-Adria-Universität Klagenfurt, 2018

Success Through External Impact – Strong, Effective, Impressive

Professional Development, Alpen-Adria-Universität Klagenfurt, 2018

Burnout Prevention

Professional Development, Alpen-Adria-Universität Klagenfurt, 2018

Foundations of Professional Higher Education Teaching

Professional Development, Alpen-Adria-Universität Klagenfurt, 2018

Leadership – Leading Successfully Through Personality

Professional Development, Alpen-Adria-Universität Klagenfurt, 2018

Leading and Inspiring Groups – Moderation and Presentation Techniques

Professional Development, Alpen-Adria-Universität Klagenfurt, 2017

Group Dynamics Practice Group

Alpen-Adria-Universität Klagenfurt, 2016

Conducting Counseling Conversations

SCOL, Alpen-Adria-Universität Klagenfurt, 2015

Team Development

SCOL, Alpen-Adria-Universität Klagenfurt, 2013

Gender Knowledge Certificate

University Center for Women and Gender Studies, Alpen-Adria-Universität Klagenfurt, 2013

**Professional Development in
Psycho-, Art- and Trauma
Therapy
(As Participant)**

Family Counseling | Methods of Systemic Family Counseling; New Family Models; Family Life Cycle; Family Norms, Values, Rituals; Counseling in Pregnancy, Birth, Postpartum and Newborn Period; Phases of the Family Process

Live seminar with Dr. Helmut de Waal, ISYS Academy, St. Veit/Glan, 08–09 May 2026

First Aid – Emergency Management

Geopark Karawanken, Sittersdorf, 26 April 2026
Trainers: Rudi Preiml & Daniela Blüml

Crisis Intervention | Calming Down – De-escalation Methods (Men's Counseling)

Online seminar with DI Karlheinz Weidinger, ISYS Academy, St. Veit/Glan, 28 November 2024

Reaching Agreement – Divorce Consequences Counseling / Out-of-Court Procedures

Online seminar with Dr. Margarete Cecon, ISYS Academy, St. Veit/Glan, 28 November 2024

Legal Questions in Counseling Practice | Basics of Family Law, Marriage and Child Law, Inheritance Law, Immigration Law, Confidentiality and Reporting Obligations

Live seminar with Dr. Margarete Cecon, ISYS Academy, St. Veit/Glan, 15–16 November 2024

HypnoSalon

Online training series with Frauke Niehues & Manfred Prior, Milton Erickson Society (MEG), 2023–2024

Certificate Course Traumatic Stress Studies (various modules)

Trauma Research Foundation (led by Bessel van der Kolk), USA, 2023–2024

Admission Workshop Psychotherapeutic Specialization in Behavioral Therapy

AVM Salzburg, 15–16 September 2024

First Aid – Emergency Management

Geopark Karawanken, Sittersdorf, 13 April 2024

Trainers: Rudi Preiml & Daniela Blüml

WBA | Women’s Health Day – Women under Pressure and in Discourse

Sigmund Freud Private University Vienna (SFU), Online, 11 November 2023

“Working Out Justice – How Does That Work?!” Ethical Challenges for Action in Relationships

ISI Congress, Hamburg, 02–03 June 2023

IAGP Social Dreaming Matrix in the Time of (Post-)Covid-19, War, Earthquake and Climate Change

Online with Ass. Prof. Maurizio Gasseau, Università della Valle d’Aosta, 2021–2023

Virginia Satir and Bert Hellinger: Family Constellation – One Approach, Two Perspectives

Auditorium Netzwerk, Online recording, 19–20 November 2022

Trauma Cross Over – Transdisciplinary Workshop Conference

Bodenseeforum, Konstanz, 07–09 July 2022

Dreams, Complexes and Imaginations

Live seminar with Verena Kast, Auditorium Netzwerk, Online, 17 June 2022

“What Still Pulls Us into Life” – ISI Congress

Hamburg, 10–11 June 2022

Making the Invisible Visible – Healing Transgenerational Trauma

Online training with Peter Levine, Ergos Institute of Somatic Education, 11 & 25 April 2022

The Triadic System

Online live seminar with Gabriela von Witzleben, Auditorium Netzwerk, 29 April 2022

No Place Anywhere – When Home Is Lost or Poisoned

Online live seminar with Michaela Huber, Auditorium Netzwerk, 04 December 2021

The Great Arche – Light and Shadow, Hope and Fear in Dreams, Myths and Fairy Tales

Online group work (IAGP, FEPTO & Granada Summer Academy), 15–18 July 2021

Effective and Creative Techniques for Solution-Oriented Visualizations (Metaphors, Stories, Impact Techniques)

Live seminar with Frauke Niehues, Auditorium Netzwerk, Online, 2021

Trauma Healing – 3-Day Training

Online training with Peter A. Levine, Efu Nyaki & Joshua Sylvae, Ergos Institute of Somatic Education, 30 April–02 May 2021

Transgenerational Trauma

Live seminar with Michaela Huber, Auditorium Netzwerk, Online, 17 April 2021

Trauma, Birth and Attachment – Attachment-Oriented Body Psychotherapy

Live training with Thomas Harms, ZEPP Bremen, Online, 12 April 2021

The Legacy of Viktor E. Frankl – Existential Analysis and Logotherapy

Auditorium Netzwerk, Online recording, 15–21 March 2021

The Wisdom of Trauma – Reclaiming Wholeness

4-day live training with Gabor Maté, Julie Brown Yau & Betsy Polatin, Online, 04–07 March 2021

Corona Crisis and Other Collective Traumas

Live seminar with Michaela Huber, Auditorium Netzwerk, Online, 06 March 2021

Psychoanalysis: Jealousy and Envy

Live seminar with Alf Gerlach, Institute for Psychotherapy and Applied Psychoanalysis e.V., Jena, Online, 25 February 2021

Introductory and Selection Seminar Katathym Imaginative Psychotherapy (KIP)

ÖGATAP, Online, 15–16 January 2021

Master Program (MSc) Psychodrama, Sociometry and Role-Playing

Danube University Krems & ÖAGG, Krems/Klagenfurt/Graz, 01–09 2020

5th, 6th, 7th & 10th International Spring Academy – Psychodrama Training and Supervision

Croatia, 2014, 2015, 2016 & 2019

Publications and Research Activities

Anthology (Editorial Board) [In Preparation]	<p>Groinig, M. (2024–2027). Life – Resonance – Diversity – Education – Societal Participation. Approaches to crisis intervention and prevention in the context of child and youth welfare, out-of-home care and leaving care. Beltz Juventa.</p> <p>Groinig, M. (2024–2027). Trauma-informed approaches and art-based methods in child and youth self-help settings.</p> <p>Feer, E., Groinig, M., Scherer, M. (2025–2027). Personality – Childhood – Transformation. Typology, epistemology, and transitions across the life course. Beltz Juventa.</p> <p>Groinig, M., Hutter, C., Meschik, M., Heimgartner, A., (2024–2026). A multidimensional approach to grasping complex problems and life conditions. LIT Verlag.</p>
Non-fiction Book [In Preparation]	<p>Groinig, M. (2024–2026). Mountain Summit and Source Experience. Unlocking Your Inner Self through Collective Consciousness.</p> <p>Groinig, M. (Hrsg.; 2025–2027). Women Only: Farbenspiel. The manifesto of female sexuality.</p>
Written Contributions (Peer-review & Editorial board) [In Preparation]	<p>Groinig, M. & Hutter, C. (2025–2026). Axiology, Axiological Dimensions, and Axiodrama. IN: Groinig, M., Hutter, C., Meschik, M., Heimgartner, A., (2024–2026). A multidimensional approach to grasping complex problems and life conditions. LIT Verlag.</p> <p>Groinig, M. (2025–2026). Epigenetics and Collective Consciousness in Counseling, Group Work, and Education. Scenic content diagnostics and approaches to transforming transgenerational imprints. IN: Groinig, M., Hutter, C., Meschik, M., Heimgartner, A., (2024–2026). A multidimensional approach to grasping complex problems and life conditions. LIT Verlag.</p> <p>Groinig, M. & Van Breda, A. (2025–2026). Shaping Relational Transitions: Addressing Collective Institutional Trauma through Educational Pathways of Care Leavers. Children and Youth Services Review.</p> <p>Groinig, M. (2024–2025). Mapping the Field of Child Sexual Abuse and Institutional Child Abuse: A Scoping Review and Research Agenda informed by International Evidence. Children and Youth Services Review.</p>
Monography (Peer-Review)	<p>Groinig, M. (2025). Leaving Care – Educational Success – Life Situations. Shaping well-being and sustainable educational and professional pathways in processes of relationship and identity modification. Beltz Juventa.</p>
Monography (Research Project Findings)	<p>Groinig, M., Hagleitner, W., Maran, T., Sting, St. (2019). Education as a perspective for care leavers? Educational opportunities and influence of social contextual conditions on the educational biographies of care leavers. Verlag Barbara Budrich. https://doi.org/10.2307/j.ctvfrxqnt</p>
Journal Contributions (Peer-Review)	<p>Groinig, M., & Pokoj, M. (2025). Care Leaver Statistics (CLS): Ethical challenges, rights-based perspectives and data protection in longitudinal research with marginalized and vulnerable groups. Children and Youth Services Review, 179, 108544. https://doi.org/10.1016/j.childyouth.2025.108544</p> <p>Hagleitner, W., Sting, S., Berger, A., Groinig, M., Roßnagl, S., & Maran, T. (2024). Predictors of mental health during young people's transition from out-of-home care in Austria. Child Abuse & Neglect. https://doi.org/10.1016/j.chiabu.2024.107139</p> <p>Brüchmann, K., Dönmez, S., Groinig, M., Pokoj, M., & Schäfer, D. (2023). Care Leaver Statistics: Die erste Langzeitstudie zur Teilhabe junger Menschen im</p>

Übergang aus der Kinder- und Jugendhilfe. Soziale Passagen. Springer.
<https://doi.org/10.1007/s12592-023-00461-9>

Groinig, M., & Schäfer, D. (2023). Care Leaver Statistics (CLS) – Das Begleitprogramm der Langzeitstudie: Panelpflege als Brücke zu Peer-Communities in der Statuspassage Leaving Care. Sozial Extra. Springer.
<https://doi.org/10.1007/s12054-023-00590-8>

Groinig, M., & Schäfer, D. (2022). Übergänge und Teilhabeperspektiven junger Menschen aus der stationären Jugendhilfe und Vollzeitpflege: Eine bundesweite Panelstudie zum Leaving Care. neue praxis, 4, 394–401.

Sting, S., & Groinig, M. (2020). Care leavers' perspectives on the family in the transition from out-of-home care to independent living. International Journal of Child, Youth and Family Studies.
<https://doi.org/10.18357/ijcyfs114.2202019992>

Groinig, M., & Sting, S. (2019). Educational pathways in and out of child and youth care: The importance of orientation frameworks that guide care leavers' actions along their educational pathway. Child and Youth Services Review, 101, 42–49. <https://doi.org/10.1016/j.chilyouth.2019.03.037>

Journal Contributions (Editorial Board)

Groinig, M., Hagleitner, W., Maran, T., & Sting, S. (2019). Bildung im Kontext. Bildungschancen und Bildungsbiografien von „Care Leavern“. Österreichisches Jahrbuch für Soziale Arbeit, 1, 127–155.
<https://doi.org/10.30424/OEJS1901127>

Groinig, M. (2024). Intersektionale Diversitätssensibilität, Caring und Bildungserfolg. Soziale Beziehungen und institutionelle Zugehörigkeiten als Prädiktoren für erfolgreiche Lebensverlaufs- und Bildungsübergänge im Leaving Care. In I. Benischek & R. Beer (Hrsg.), Erziehung und Unterricht. Österreichische Pädagogische Zeitschrift (Heft 3–4/2024). Österreichischer Bundesverlag Schulbuch.

Groinig, M. (2024). Lebenswelten junger Menschen an der strukturellen Schwelle zum Leaving Care. Sozialpädagogische Impulse, 1/2024, 42–45.

Sting, S., & Groinig, M. (2023). Zwischen Anspruch und Wirklichkeit. Beteiligung von Kindern und Jugendlichen in der stationären KJH. Sozialpädagogische Impulse, 3/2023, 8–11.

Contributions to Handbooks and Anthologies (Editorial Board)

Groinig, M., Hagleitner, W., Maran, T., & Sting, S. (2018). Bildungswege von Care Leavern in und aus der Jugendhilfe. Sozialpädagogische Impulse, 3/2018, 14–20.

Groinig, M. (2024). Freundschaft und soziale Bildung: Zur Relevanz der Freundschaftsbeziehung für Bildungsprozesse von Care Leaver:innen. In S. Blumenthal, A. Knecht, E. Kocnik, K. Laueremann, R. More, & M. Sigot (Eds.), Soziale, informelle und transformative Bildung: Beiträge zur sozialpädagogischen und anthropologischen Bildungsforschung (Bd. 18). Barbara Budrich Verlag. <https://doi.org/10.3224/84743085>

Groinig, M. (2024). Gewalt- und Distinktionsbewältigung im Leaving Care. Zum Einfluss von Klassismus auf Lebensverlaufs- und Bildungsübergänge von Care Leaver:innen. In K. Siegert & A. Handelsmann (Hrsg.), Übergänge mit Klasse. Klassismus im Kontext von Übergangsgestaltung. Klinkhardt Verlag.
<https://doi.org/10.25656/01:29778>

Contributions to Conference Proceedings (Editorial Board)

Sting, St. & Groinig, M. (2020). Care Leaver und Familie. IN: Ecarius, J. & Schierbaum, A. [Hrsg.] (2020). Handbuch Familie. Wiesbaden: Springer.

Groinig, M. & Pokoj, M. (2024). Care Leaver Statistics (CLS): Ethical challenges and data protection in long-term research with marginalized and vulnerable groups. IN: Novak, T. (Ur.). (2024). ERFCON 2023: Conference Proceedings of 10th International Conference: Research in Education and Rehabilitation Sciences: Vol. 1. University of Zagreb Faculty of Education and Rehabilitation Sciences. <https://urn.nsk.hr/urn:nbn:hr:158:436150>

Groinig, M., & Sting, S. (2023). Fremduntergebracht und fremdbestimmt? Stärkung der Stimme der Kinder und Jugendlichen zur Umsetzung der Beteiligungsrechte in der Kinder- und Jugendhilfe. In W. Grillitsch, F. Kerschbaumer, C. Oswald, & J. Scherling (Hrsg.), *Kinderrechte – Bildung – Beteiligung. Perspektiven aus Theorie und Praxis*. Beltz Juventa.

Bezwan, N., Achleitner, J., Groinig, M., Imsirovic, E., & Sandner, I. (2021). Risiko und Resilienz: Gesellschaftliche Mechanismen des Wirkens und Gegenwirkens. In D. Barben & H. P. Groß (Hrsg.), *Risiko und Resilienz. Perspektiven auf den gesellschaftlichen Umgang mit Gefährdungen*. Profil Verlag.

Groinig, M., & Sting, S. (2019). Bildungschancen und Bildungsbiographien von „Care Leavern“. In M. Kastner, J. Donlic, B. Hanfstingl, & E. Jaksche-Hoffmann (Hrsg.), *Lernprozesse über die Lebensspanne. Bildung erforschen, gestalten und nachhaltig fördern* (S. 170–176). Barbara Budrich. <https://doi.org/10.3224/84742325>

Groinig, M. & Sting, S. (2018). Gleiche Bildungschancen für alle? Bildungswege von Care Leavern im Übergang in ein eigenverantwortliches Leben. In Blumenthal, S., Laueremann, K. & Sting, S. (2018). *Soziale Arbeit und soziale Frage(n)*. S. 333–343. Opladen: Barbara Budrich. <https://doi.org/10.3224/84742135>

Other Publications

Study Booklet

Groinig, M. (2024). *Beziehungsräume gestalten – Interdependenzen erleben – Selbstwirksamkeit erfahren. Psychodramatische Methoden und Verfahren in heilpädagogischen Berufs- und Handlungsfeldern*. Studienheft. EURO-FH Hamburg.

Project Reports (Research Project Findings)

Groinig, M. & Sting, S. (2019). *Evaluation des Gewaltschutzzentrum Tirol*.

Groinig, M. & Sting, S. (2019). *Evaluation des Gewaltschutzzentrum Burgenland*.

Groinig, M. & Sting, S. (2019). *Evaluation des Gewaltschutzzentrum Niederösterreich*.

Groinig, M. & Sting, S. (2019). *Evaluation des Gewaltschutzzentrum Kärnten*.

Public Science Beiträge / Working papers (Written Form)

CLS-Forschungsverbund. (2022). *Diversitätskonzept der CLS-Studie*. file:///C:/Users/PC/Downloads/CLS-Diversitaetskonzept_2022-Herbst-3.pdf

Groinig, M., Heyer, L., & Abou, T. (2022). *Informationsbroschüre der CLS-Studie für Studienteilnehmerinnen, Interessierte und Unterstützerinnen*. [file:///C:/Users/PC/Downloads/CLS-Studie - Info-Broschuere - 170x240 4c WEB.pdf](file:///C:/Users/PC/Downloads/CLS-Studie_-_Info-Broschuere_-_170x240_4c_WEB.pdf)

Groinig, M. & Heyer, L. (2022). *Datenschutzhandbuch der CLS-Studie*.

Groinig, M. (2017). *Epilog*. In E. Kronabitter (Hrsg.), *Kuckucksnest. Werden die Flügel reichen, um in eine gesunde Zukunft zu fliegen?* Fonds Gesundes Österreich. https://fgoe.org/sites/fgoe.org/files/2018-02/fgoe_care_leaver_broschuere_bfrei.pdf

Keynote Speaking and Performance Art

Groinig, M. (2024). Frauenförderung, Kinder- und Jugendhilfe und Senioren- und Behindertenpflege: Der Business-Plan. Mastershausen: Ultimate Business Fighting.

Groinig, M. (2024). Farbenspiel: Der zyklische Immunsystem-Booster. New York: Internationale Speaker Masterclass

Groinig, M. (2024). Präfrontaler Cortex und Nationalsozialismus. Dubai: Internationale Speaker Masterclass (Dubai, 5.5.2024)

Groinig, M. (2023). Menschenrechte im Wandel. Wiesbaden: Internationaler Speaker Slam (Wiesbaden, 23.11.2024)

Specialist Lectures and Conference Participation

2026

Groinig, M. (2026). Das Care Leaving in Progress (CLiP) Participatory Living Lab: Ansätze zur Krisenintervention und -prävention im Kontext der Kinder- und Jugendhilfe, der Erziehungshilfen und des Leaving Care. (27.5.2026; Fakultät für Sozialwissenschaften; Hochschule für Technik und Wirtschaft des Saarlandes (htw saar); Deutschland)

Groinig, M. (2026). Beratung in der Sozialen Arbeit: Stand der Theoriebildung und Forschung sowie curriculare Folgerungen. (27.5.2026; Fakultät für Sozialwissenschaften; Hochschule für Technik und Wirtschaft des Saarlandes (htw saar); Deutschland)

2025

Groinig, M. & Hagleitner, W. (2025). Mental Health & Care Leaving. (21.10.2025; CENTRAC Mastermind, Onlineveranstaltung)

Groinig, M. (2025). „Don't Stop Believin'“ Sozialpädagogische Jugend-, Übergangs- und Bildungsforschung zur Krisenintervention und -prävention im Kontext des Leaving Care. (12.05.2025; Institut für Erziehungswissenschaft; Bergische Universität Wuppertal, Deutschland)

Groinig, M. (2025). Übergänge im Lebenslauf – eine sozialpädagogische Perspektivierung. (28.04.2025; Institut I: Bildung, Beruf und Medien; Otto-von-Guericke-Universität Magdeburg, Deutschland)

Groinig, M. (2025). Innovative Beratungsformate im Kontext der Bundesagentur für Arbeit. (15.01.2025; Hochschule der Bundesagentur für Arbeit (DdBA) Schwerin, Deutschland)

2024

Groinig, M. (2024). Advantages and challenges of AI in teaching and social work practice. (17.09.2024; MCI | Die Unternehmerische Hochschule® Innsbruck, Österreich)

Groinig, M. (2024). Herausforderungen für die Sozialplanung in aktuellen Transformationsprozessen. (09.04.2024; Fakultät für Soziale Arbeit, Bildung und Pflege; Hochschule Esslingen; Deutschland)

Groinig, M. (2024). Die Kindheitsforschung und ihre Anwendung in der Waldorfpädagogik und anthroposophischen Heilpädagogik. (20.03.2024; Institut für Waldorfpädagogik, Inklusion und Interkulturalität; Alanus Hochschule für Kunst und Gesellschaft; Deutschland)

Dönmez, S., Groinig, M., Pokoj, M. (2024). Erste Ergebnisse der Panelstudie Care Leaver Statistics (CLS). Soziale Teilhabe im Lebensverlauf junger Erwachsener. AUF: DGfE Kongress 2024 (13.03.2024; Halle an der Saale)

Groinig, M. (2024). Symposium Chair: Kollektive und individuelle Krisen als transformierende Bildungsprozesse und risikoreiche Übergänge im Leaving Care. AUF: DGfE Kongress 2024 (13.03.2024; Halle an der Saale)

- Groinig, M. (2024). Bildungsaspiration. CLS-Daten Preview. (24.1.2024; Deutsches Jugendinstitut e.V. & hybrid; Deutschland).
- Groinig, M. (2024). Sozialpädagogische Herausforderungen der Kinder- und Jugendarbeit angesichts des demographischen Wandels. (10.01.2024; Fachbereich Sozialwesen; Ernst-Abbe-Hochschule Jena; Deutschland)
- 2023 Groinig, M. (2023). Die halt- und haltungslose Statuspassage Leaving Care. Der Herzenswunsch als Wegweiser im Übergang. AUF: Psychodrama und Soziale Arbeit (Beitrag inkl. Workshop; 28.09.-29.09.2023; Universität Vechta; Deutschland)
- Groinig, M. (2023). Partizipative Forschungsprozesse mit Care Leaver:innen als Umfeldler zur Auseinandersetzung mit mehrdimensionaler Ungleichheit und den daraus resultierenden Folgen für das Wohlbefinden und für nachhaltige Bildungs- und Berufswege. AUF: Tagung der ÖFEB-Sektion Sozialpädagogik (21.-22.-09.2023; Universität Klagenfurt; Österreich)
- Groinig, M. (2023). Leaving Care, social inclusion and participation during life course transitions (-) in Austria: Processing collective trauma in the context of out-of-home care. A participatory approach. AUF: [EuSARF 2023](#) (Equity and social justice in child, youth and family welfare; 12.09.-15.09.2023; University of Sussex; Brighton, UK)
- Abou, T. & Groinig, M. (2023). Leaving Care, social inclusion and participation during life course transitions (-) in Germany: Care Leaver Statistics (CLS) – Participation in the life course of young adults. AUF: [EuSARF 2023](#) (Equity and social justice in child, youth and family welfare; 12.09.-15.09.2023; University of Sussex; Brighton, UK)
- Groinig, M. (2023). (Symposium Chair): Leaving Care, social inclusion and participation during life course transitions. AUF: [EuSARF 2023](#) (Equity and social justice in child, youth and family welfare; 12.09.-15.09.2023; University of Sussex; Brighton, UK)
- Groinig, M. (2023). Care Leaver* – Bildungserfolg – Lebenslagen. Kohärente „well being“- Erfahrungen und tertiäre Bildungswege in Prozessen des „Modification Care and Identity“ AUF: Österreichische Jugendforschungstagung „Jugend in Zeiten von Krisen“ (22.06.-24.06.2023; Innsbruck, Österreich)
- Groinig, M. (2023). Leaving care, social inclusion and participation during life course transitions: Processing collective trauma in the context of out-of-home care. A participatory approach. AUF: [ERFCON | 10th International Conference of the Faculty of Education and Rehabilitation Sciences](#). (05.-07.05.2023; Zagreb, Croatia)
- Groinig, M. & Pokoj, M. (2023). Care Leaver Statistics (CLS) | Ethical challenges in long-term research with marginalized and vulnerable groups. AUF: [ERFCON | 10th International Conference of the Faculty of Education and Rehabilitation Sciences](#). (05.-07.05.2023; Zagreb, Croatia)
- Groinig, M. (2023). Leaving Care - Bildungserfolg - Lebenslagen. Wohlbefinden und nachhaltige Bildungs- und Berufswege in Prozessen der Beziehungs- und Identitätsmodifikation herstellen. AUF: [Defensio an der Universität Klagenfurt](#) (27.04.2023; Online)
- Groinig, M. & Hagleitner, W. (2023). Bildung als Perspektive für Care Leaver*. Fokus: Psychische Gesundheit. CLS-Kolloquium an der Universität Hildesheim (18.04.2023; Online)
- 2022 Groinig, M. (2022). Care Leaver Statistics (CLS) | Participation in the life course of young adults - a long-term study. AUF: [SDNS | International summer school of social research methods](#). University of Lodz. (31.08.2022; Lodz, Polen)

- Groinig, M. (2022). Ent-grenzte Beziehungen? Digitale Peerberatung als Unterstützung von und für Care Leaver:innen. AUF: DGfE Kongress 2022: ENT | GRENZ | UNGEN (13.03.2022 – 16.3.2022; Online)
- Demant, M./Groinig, M. (2022). Zur Rolle von Öffentlichkeitsarbeit und Panelpflege in der CLS-Studie. AUF: ISS-IGfH-Kolloquium. (04.03.2022; Online)
- 2021 Groinig, M. (2021). Care Leaver – Bildungserfolg – Lebenslagen. Kohärente *well-being*-Erfahrungen und tertiäre Bildungswege in Prozessen des *Modification Care and Identity*? AUF: Forschungstag des Instituts für Erziehungswissenschaft und Bildungsforschung, Alpen-Adria-Universität Klagenfurt. (23.06.2021; Online)
- Groinig, M. (2021). Lebensweltorientierte Gesundheitsförderung und soziale Bildungsarbeit im dauerhaften Prozess des *Modification Care*? AUF: Privatissimum zu aktuellen Herausforderungen an die Sozial- und Integrationspädagogik. Alpen-Adria-Universität Klagenfurt und Karl-Franzens-Universität Graz. (07.05.2021; Online)
- 2020 Groinig, M. (2020). Participatory Care Leaver Research and Activities in Austria. AUF: International Care Leaver Convention. (07.11.2020; Online)
- Groinig, M. (2020). *In so eine Richtung is nie gangen ..., dass man sagt: Du tust des und des studieren*. Formale Bildung als Partizipationsperspektive für Care Leaver. Bundesweiter Fachtag Partizipation und Beteiligung. (17.02.2020; Berlin, Deutschland)
- 2019 Groinig, M. (2019). *In so eine Richtung is nie gangen ..., dass man sagt: Du tust des und des studieren*. Formale Bildung als Perspektive für Care Leaver? AUF: Fachtagung Lebens(t)raum Jugend mittendrin (29.10.2019; Puchberg-Wels, Oberösterreich)
- 2018 Groinig, M. & Sting, S. (2019). Vergessen – Familiäre Perspektiven von Care Leavern im Übergang aus der Jugendhilfebetreuung in ein eigenständiges Leben. AUF: Tagung der DGfE-Sektion Sozialpädagogik und Pädagogik der frühen Kindheit. Familie im Kontext pädagogischer Institutionen. Theoretische Perspektiven und empirische Zugänge. (23.-25.05.2019; Lüneburg, Deutschland)
- Groinig, M. (2018). *In so eine Richtung is nie gangen ..., dass man sagt: Du tust des und des studieren*. AUF: Bildungschancen eröffnen. Was kann Heimerziehung tun? Berlin/Deutschland (29.-30.10.2018; Berlin, Deutschland)
- Groinig, M. & Sting, S. (2018). *In so eine Richtung is nie gangen ..., dass man sagt: Du tust des und des studieren*. Bildungswege von Care Leavern in und aus der Jugendhilfe. AUF: Sozialpädagogischer Fachtag „Jugendhilfe (be)endet – und wie geht’s weiter?“. (15.06.2018; Klagenfurt, Österreich)
- 2017 Groinig, M., Maran, T., Hagleitner, W., Sting, S. (2017). Bildung im Kontext. Bildungschancen und Bildungsbiographien von *Care Leavern*. AUF: Interdisziplinäre Tagung „Jugend – Lebenswelt – Bildung“ Perspektiven für Jugendforschung in Österreich. Innsbruck, Österreich.
- Groinig, M. & Maran, T. (2017). Bildungschancen und Einfluss sozialer Kontextbedingungen auf Bildungsprozesse von Care Leavern. AUF: 5. Fachtagung des Dachverbands der Österreichischen Jugendhilfe - "Jugendhilfe bis 18 und dann". Salzburg, Österreich.
- Groinig, M., Maran, T., Hagleitner, W., Sting, S. (2017). Bildungschancen und Bildungsbeteiligung von Care Leavern. AUF: ÖFEB-Kongress, Pädagogische Hochschule. Vorarlberg, Österreich.

Groinig, M. & Sting, S. (2017). Bildungschancen und Einfluss sozialer Kontextbedingungen auf Bildungsbiografien österreichischer Care Leaver. Internationaler Vernetzungsworkshop zum Leaving Care. Hildesheim, Deutschland.

Groinig, M. & Sting, S. (2017). Educational pathways of Care Leavers. AUF: 9th International Conference of the Faculty of Education and Rehabilitation Sciences. Zagreb, Croatia.

Groinig, M. & Sting, S. (2017). Bildungschancen und Formen sozialer Unterstützung von Care Leavern. AUF: Tagung der Österreichischen Gesellschaft für Soziale Arbeit (ogsa) in Kooperation mit dem Department Soziales der Fachhochschule St. Pölten. St.Pölten, Österreich.

2016 Groinig, M. & Sting, S. (2016). Gleiche Bildungschancen für alle? Bildungswege von Care Leavern im Übergang in ein eigenverantwortliches Leben. AUF: Soziale Arbeit und Soziale Frage(n). Jahrestagung der ÖFEB-Sektion Sozialpädagogik. Klagenfurt, Österreich.

Workshops

2022 Groinig, M. (2022). Well-being, Care and Identity Modification in Higher Education. International Care Leavers Café. (27.02.2022; Online)

Groinig, M. (2022). Identität und Schönheit: Wohlbefinden in Prozessen des *Modification Care and Identity*. AUF: Ganterer, J. (WS 21/22): Identität und Schönheit im Diskurs. (18.01.2022; Leuphana Universität Lüneburg; Online)

2021 Groinig, M. & Brenner, A. (2021). *Wer sich im Winter ka gscheide Jackn kafn kann, is entweder dumm oder arm*. Professioneller Umgang mit Scham im Spannungsverhältnis von empathischer Resonanz, Ekpathie, Kränkung und Demütigung. AUF: Blumenthal, S., Knecht, A., Sting, St. (2021): Sozialpädagogischer Fachtag Professioneller Umgang mit Scham in sozialen Einrichtungen. (11.6.2021; Universität Klagenfurt; Online)

2020 Groinig, M. & Sting, S. (2020). Fremduntergebracht und fremdbestimmt? Chancen und Grenzen von Partizipation im Kinder- und Jugendhilfekontext. AUF: CARINTHIJa2020 - Jugendbeteiligung und Demokratisierung. Historische Reflexionen - Gegenwartsanalysen - Zukunftsperspektiven. (10.11.2020; FH Feldkirchen; Online)

2018 Groinig, M. & Sigot, M. (2018). Möglichkeiten von Partizipation in Praxis und Forschung. AUF: Sigot, M., Sting, St., Groinig, M. (2018): Sozialpädagogischer Fachtag „Jugendhilfe (be)endet – und wie geht’s weiter?“ (15.6.2018; Universität Klagenfurt, Österreich)

Public Science Lectures / Podiums

2019 Groinig, M. (2019). Evaluationsstudie des Gewaltschutzzentrum Burgenland. AUF: 20 Jahre Gewaltschutzzentrum Burgenland (08.10.2019; Eisenstadt, Österreich)

Groinig, M. (2019). Evaluationsstudie des Gewaltschutzzentrum Niederösterreich. AUF: 20 Jahre Gewaltschutzzentrum Niederösterreich (27.09.2019; St.Pölten, Österreich)

Groinig, M./Sting, S. (2019). Evaluationsstudie des Gewaltschutzzentrum Tirol. AUF: Internationale Netzwerktagung Opferschutz und Gewaltprävention. Deutschland-Liechtenstein-Österreich-Schweiz-Südtirol (08.- 10.05.2019; Tirol, Österreich)

Public Science Contributions / Working Papers

CLS-Forschungsverbund (2022): Diversitätskonzept der CLS-Studie. Online im Internet: [CLS-Diversitaetskonzept_2022-Herbst.pdf \(cls-studie.de\)](https://www.cls-studie.de/CLS-Diversitaetskonzept_2022-Herbst.pdf) [Zugriff am 25.11.2022]

Groinig, M./ Heyer, L./ Abou, T. (2022): Informationsbroschüre der CLS-Studie für Studienteilnehmer*innen, Interessierte und Unterstützer*innen. Online im Internet: https://cls-studie.de/downloads/CLS-Studie_-_Info-Broschuere_-_170x240_4c_WEB.pdf [Zugriff am 25.11.2022]

Groinig, M./ Heyer, L. (2022): Datenschutzhandbuch der CLS-Studie.

Groinig, M. (2017): Epilog. IN: Kronabitter, E. (2017): Kuckucksnest. Werden die Flügel reichen, um in eine gesunde Zukunft zu fliegen? Wien: Fond Gesundes Österreich. https://fgoe.org/sites/fgoe.org/files/2018-02/fgoe_care_leaver_broschuere_bfrei.pdf [Zugriff am 06.07.2023]

Digital Publications and Media Profile

TV

Ultimate Business Fighting: The Business Plan (12/2024)
Broadcast on 01.05.2024 on Hamburg1, tv.berlin, and BW Future

TV Interview: Mountain Summit and Source Experience (11/2024)
Broadcast on Hamburg1, tv.berlin, and BW Future

TV Interview: Care Leaving in Progress (CLiP) (10/2024)
Broadcast on 08.10.2024 on Hamburg1, tv.berlin, and BW Future

TV Interview: The Power of Dignity (May 1, 2024)
Broadcast on 01.05.2024 on Hamburg1, tv.berlin, and BW Future
[Click here to listen](#)

Radio

Radio interview: Dignity is Non-Negotiable (02/02/2024)
[Click here to listen](#)

Podcast

"Crime Scene Health" Podcast (6/2025)
Dr. Maria Groinig & Dr. Frank Essers – Epigenetics and Collective Consciousness in the Context of Transgenerational Transmission
[Click here to listen](#)

Experten-Podcast (12/2024)
#861 Dr. Maria Groinig - Psychodrama
[Click here to listen](#)

Experten-Podcast – Season 1, Ep. 821 (22/4/2024)
#821 Dr. Maria Groinig - Pain is not the problem, but the solution to the boundary
[Click here to listen](#)

Experten-Podcast (11/2023)
Dr. Maria Groinig - Growing up doesn't work anymore – without money!
[Click here to listen](#)

Digital Learning Units (DLU)

Groinig, M. (2024). Topics and Issues in Youth Research. EURO-FH Hamburg.

Digital Contribution

Groinig, M. (2025). Care Leaving in Germany.
Video-presentations of national context for leaving care in participating countries
Faculty of Social Studies, VID Specialized University - Oslo

Gahleitner, S. & Groinig, M. (2023). Trauma pedagogy and the pedagogical-therapeutic milieu. Video contribution in the context of the course: Groinig, M. (WS 23/24): Trauma-informed approaches in educational professional and practice fields / University of Hildesheim. Online at: <https://www.mariagroinig.com/lehre-und-personlichkeitsentwicklung.html> [Accessed on 19.04.2024]

Groinig, M. (2022). Transformative participation in the context of care leaver research and practice development. Video contribution to the online symposium of the Bertha von Suttner Private University. Online at: https://www.youtube.com/watch?v=zN_NTQJo-4c [Accessed on 11.06.2023]

Cancelled Contributions

2025

For substantive and technical reasons, rejected: Groinig, M. (2025). Care Leaving in Progress (CLiP): New Horizons and Interactive Approaches to Managing Transgenerational Transmission at the Intersection of Research and Art. Care Leaving Research 2025: Participation, Justice, Perspectives, October 7–8, 2025, University of Hildesheim. (Submitted on December 9, 2024)

Cancelled due to scheduling conflicts: Groinig, M. (2025). Groinig, M. (2025). Independent Public Inquiries in the Context of Child Sexual Abuse (CSA) and Child Institutional Abuse (CIA): Scoping Review and Research Agenda for the DACH Region Based on International Evidence. Wissen schafft Macht. Competition, Recognition and Criticism in Research, Teaching and Practice of Social Work. March 24–25, 2025, FH JOANNEUM, Graz.

2024

Cancelled at short notice due to flooding: Groinig, M. (2024). Personality Development with Scenic-Creative Approaches. (September 19, 2024; Ilse Arlt Symposium; University of Applied Sciences St. Pölten, Austria)

Teaching, Practice Development and Event Activities

Scope of Teaching Activity

16 Courses | 32 SWS

Universities, Universities of Applied Science and Degree Programs

University of Klagenfurt (AAU)
MA Social Pedagogy and Social Inclusion
MA School Pedagogy
MA Adult and Vocational Education
B.A. Education and Educational Science



University of Hildesheim
MA Social Services (dual course of study)
MA Social Pedagogy and Organizational Studies
MA in Education and Educational Science
BA Social Pedagogy and Organizational Studies



University of Johannesburg
Social Work & Community Development



EURO-FH Hamburg
Master's Program in Education



Institut für Soziale Interaktion (ISI) Hamburg
Workshop Session Leadership at Conferences



Teaching Areas

- Qualitative, Quantitative, Participatory, and Art-based Approaches in Social and Educational Research
- Professional ethics, data protection, and rights-based perspectives in practice and research with vulnerable and marginalized groups
- Professional and Action Fields in Pedagogy (Particularly Youth Research and Curative Education)
- Cultural, Social, Formal, and Transformative Education
- Transition Research and Socio-Demographic Inequality
- Societal Participation, Social Inclusion/Exclusion and Engagement
- Organizational Research and Target Group Research
- Child and Youth Welfare, Out-of-Home Care and Leaving Care
- Care-Leaving Research and Careleaver Communities
- Reappraisal, Intervention and Prevention of Sexual Exploitation
- Family and Intergenerational Transfer Research
- Identity Formation and Network Research
- Biography and Life Course Research
- Violence Prevention and Intervention
- (Ecobio-) Psychosocial Work / Counseling, Youth Cultural Animation and Referral Counseling
- Psychodrama, Physiodrama, Sociometry, Axiodrama, Sociodrama, and Scenic-Creative and Scenic-Systemic Approaches
- Psychotraumatology and Dignity-Oriented Approaches
- Digitization, Digitality and AI
- Internship Support and Practice Evaluation
- Research-Based Organizational Development and Policymaking

Teaching Courses

Groinig, M. (Summer Term 2024): Trauma-Informed Approaches in Educational Organisations.
 Seminar in the Bachelor's programme in Social Pedagogy and Organizational Studies.
 University of Hildesheim, Germany

Groinig, M. (Winter Term 2023/24): Coming of Age in the Context of Child and Youth Welfare. Structural Challenges and Life-World Transitions in Leaving Care.
 Seminar in the Bachelor's programme in Social Pedagogy and Organizational Studies.
 University of Hildesheim, Germany

Groinig, M. (Winter Term 2023/24): Trauma-Informed Approaches in Educational Professions and Fields of Action.
Seminar in the MA programmes Social Services, Social Pedagogy and Organizational Studies, and Educational Science.
University of Hildesheim, Germany

Groinig, M. (Summer Term 2023): Practice Support.
Course in the Bachelor's programme in Educational Science.
University of Klagenfurt (AAU), Austria

Groinig, M. (Winter Term 2021/22): Professional Fields and Areas of Action in Education (with excursion).
Lecture course in the Bachelor's programme in Educational Science. Online format.
University of Klagenfurt (AAU), Austria

Groinig, M. (Summer Term 2021): Professional Fields and Areas of Action in Education (with excursion).
Lecture course in the Bachelor's programme in Educational Science. Online format.
University of Klagenfurt (AAU), Austria

Groinig, M. (Winter Term 2020/21): Leaving Care as a Structural Challenge in Residential Child and Youth Welfare (with excursion).
Seminar in the Master's programme in Social and Inclusive Pedagogy. Online format.
University of Klagenfurt (AAU), Austria

Groinig, M. (Winter Term 2020/21): Practice Support.
Course in the Bachelor's programme in Educational Science. Online format.
University of Klagenfurt (AAU), Austria

Groinig, M. (Summer Term 2020): COVID-19 Practice Replacement Course.
Course in the Bachelor's programme in Educational Science.
University of Klagenfurt (AAU), Austria

Groinig, M. (Summer Term 2020): Accompanying Seminar for Internships in the Field of Social and Inclusive Pedagogy.
Course in the Bachelor's programme in Educational Science. Online format.
University of Klagenfurt (AAU), Austria

Groinig, M. (Summer Term 2019): Leaving Care as a Structural Challenge in Residential Child and Youth Welfare (with excursion).
Seminar in the Master's programme in Social and Inclusive Pedagogy.
University of Klagenfurt (AAU), Austria

Groinig, M. (Summer Term 2019): Accompanying Seminar for Internships in the Field of Social and Inclusive Pedagogy.
Course in the Bachelor's programme in Educational Science.
University of Klagenfurt (AAU), Austria

Groinig, M. (Winter Term 2018/19): Residential Child and Youth Welfare – National and International Perspectives (with excursion).
Seminar in the Master's programme in Social and Inclusive Pedagogy.
University of Klagenfurt (AAU), Austria

Groinig, M. (Summer Term 2018): Biographical Experiences of Care Leavers.
Seminar in the Master's programme in Social and Inclusive Pedagogy.
University of Klagenfurt (AAU), Austria

Groinig, M. (Summer Term 2018): Accompanying Seminar for Internships in the Field of Social and Inclusive Pedagogy.
Course in the Bachelor's programme in Educational Science.

	University of Klagenfurt (AAU), Austria
	Groinig, M. / Sting, St. (Summer Term 2017): Educational Opportunities for Care Leavers. Seminar in the Master's programme in Social and Inclusive Pedagogy. University of Klagenfurt (AAU), Austria
Assessment and Review	
PhD Theses University of Johannesburg	Reuben, S. (2024). Advancing the Theory of Care-leaving: The Psychosocial Resilience Processes of Young People Transitioning Out of Care in South Africa. University of Johannesburg / South Africa.
Supervision	
Bachelor Theses University of Hildesheim	(1) Hahn, L. (2024). Power Relations and Participation in Child and Youth Welfare. Areas of Tension in Residential Groups and Open Child and Youth Work. University of Hildesheim. (Grade: 1.3) (2) Ellis, A. (2024). Transitions of Care Leavers. University of Hildesheim. (Co-supervision; Grade: 1.0)
Final Module Examinations University of Hildesheim	4 in writing 3 orals 1 combined
Internship Reflection University of Hildesheim	14 reflections based on the internship reports (4/2024)
Internship Institutions (selected)	Pregnancy Conflict Counseling; Psychiatry; Disability Services; Psychosocial Counseling; School Social Work; Open/Association-based Youth Work; Labor Market Integration; Residential Care Groups; Addiction Support;
Internship Reports University of Klagenfurt (AAU)	39 internship reports (12/2023)
Internship Institutions (selected)	Paideia Society for Social Pedagogy and Social Work GmbH; Kita Greifenburg (Daycare Center Greifenburg); Pro Familia Federal Association; Specialist Office for Child Protection in the State of Carinthia; Bimbulli – Non-profit Customer Service GmbH; Children International Summer Villages; Association of Social Welfare Carinthia; AVS; Diakonie de la Tour; Hilfswerk Carinthia; Family Service University of Klagenfurt; SOS Children's Village.
Teaching Books/Material	
	Groinig, M. (2024): Designing Relational Spaces – Experiencing Interdependencies – Exploring Self-Efficacy. Scenic-creative Approaches and Psychodramatic Methods in Special Education Professional and Practice Fields. Study Booklet. EURO-FH Hamburg.
	Groinig, M. (2024): Trauma-Informed Approaches in Educational Organizations. Digital Teaching Unit (DLE). University of Hildesheim.
	Groinig, M. (2024): Topics and Concerns of Youth Research. Digital Teaching Unit (DLE). EURO-FH Hamburg.
	Groinig, M. (2023): Trauma-Informed Approaches in Educational Professional and Practice Fields. Digital Teaching Unit (DLE). University of Hildesheim.
	Groinig, M. (2023): Growing Up in the Context of Child and Youth Welfare. Structural Challenges and Life-World Transitions in Leaving Care. Digital Teaching Unit (DLE). University of Hildesheim.
	Groinig, M. (2023): Practical Supervision. Digital Teaching Unit (DLE). University of Klagenfurt (AAU).
	Groinig, M. (2022): Professional and Practice Fields in Pedagogy. Digital Teaching Unit (DLE). University of Klagenfurt (AAU).
	Groinig, M. (2019): Leaving Care as a Structural Challenge in the Field of Residential Child and Youth Welfare. Digital Teaching Unit (DLE). University of Klagenfurt (AAU).

Teaching Samples with Seminar Concept / Plan

Groinig, M. (2025). Innovative Counseling Formats in the Context of the Federal Employment Agency. (15.01.2025; University of the Federal Employment Agency (DdBA) Schwerin, Germany)

Groinig, M. (2024). Cultural Education in the Field of Social Work. (09.04.2024, Faculty of Social Work, Education and Care, Esslingen University of Applied Sciences, Germany)

Groinig, M. (2024). Ego-State Approaches in Waldorf Education and in the (Special) Pedagogical-Therapeutic Environment. (20.03.2024, Institute for Waldorf Education, Inclusion and Interculturality, Alanus University of Arts and Social Sciences, Germany)

Groinig, M. (2024). Political Education in Cooperation Between Youth Work and Schools. (10.01.2024, Department of Social Work, Ernst Abbe University of Applied Sciences Jena, Germany)

Invited Guest Contributions

Lavoyer, A. (2024). Is that okay? Sexual Violence in Educational Professional and Practice Fields. Course: Groinig, M. (WS23/24): Trauma-Informed Approaches in Educational Professional and Practice Fields (19.01.2024, University of Hildesheim/Germany)

Gahleitner, S. B. (2023). Trauma Pedagogy and the Educational-Therapeutic Environment. Course: Groinig, M. (WS23/24): Trauma-Informed Approaches in Educational Professional and Practice Fields (15.12.2023, University of Hildesheim/Germany)

Expert Dialogue on Current Challenges in Child and Youth Welfare (including representatives from SOS Children's Village, Diakonie de la Tour, Levelup). Course: Groinig, M. (SS19): Leaving Care as a Structural Challenge in the Field of Residential Child and Youth Welfare (20.05.2019, University of Klagenfurt/Austria)

Excursions / Events

der weg zur hölle ist mit guten vorsätzen gepflastert

Date and Time: 17.06.2024, 7:30 PM

Location: Stadttheater Hildesheim - Großes Haus, Theaterstr. 6, 31141 Hildesheim

Josefinum – Social Pedagogical and Therapeutic Center for Children and Adolescents

Period: Summer Semester 2019

- Josefinum – Social Pedagogical and Therapeutic Center for Children and Adolescents
- SOS Children's Village
- Social Pedagogical Institution Haus Antonius, Caritas Carinthia

Period: Winter Semester 2018/19

„Das Mindeste!“ Choral Forum Theatre on the Topic of Minimum Social Security

Date and Time: 20.05.2019, 7:00 PM

Location: theaterHALLE 11, Florian-Gröger-Straße 11, A-Klagenfurt

Program Coordination and Organization

2027

Groinig, M. (till 2026 free; since 2027). Careleaver Only: Care Leaving Coaching™. An empathetic and future-oriented space and coaching format (group and individual), focused on the transition from care to adulthood and the long-term influence of care experiences in shaping personal growth, educational, and professional pathways.

2026

Groinig, M. (2024-2025 free; since 2026). Pre- and Postdocs: HABIL-Peer-Colloquium™. Peer-Oriented Coaching and Mentoring Series for Researchers in the Development of Research and Teaching Areas.

2026	<p>Groinig, M. (2026). Women Only: Farbenspiel™ Mountain Summit & Source Experience™ (Individual)Mountain Summit Brillant cut™ Block of 10 Individual Sessions, 50 minutes each</p>
2025–2032	<p>Groinig, M. (2025–2032). Ethos Resonance Space: Dialogical Reflection and Transformation. Webpage: https://www.mariagroinig.com/english/ethos-resonance-space</p>
2024–2032	<p>Groinig, M. (2024-2032). (Individual) Mountain Summit.</p> <ul style="list-style-type: none"> ▪ 30.06.2025: Großglockner ▪ 31.12.2024: Monte Lussari ▪ 15.12.2024: Christofberg & Magdalensberg ▪ 23.11.2024: Lesachtal ▪ 31.10.2024: Stoder & Gmeineck
2024–2025	<p>Groinig, M. (2024-2025). Mountain Summit & Source Experience™. The Mini-Workshop. Function: Organization, coordination, marketing, workshop leadership, counseling, group facilitation Period: 4 sessions; 11:00 a.m. to 3:00 p.m.</p>
2021–2024	<p>Groinig, M., Abou, T., Heyer, L., Lips, A., Schröer, W. (2021-2024). Care Leaver Statistics (CLS)-Accompanying Program: Panel Support Basic and Panel Support Plus. Function: Conceptualization, kick-off, development, and implementation of the CLS accompanying program Duration: September 2021 - August 2023</p> <p>#CLS_networkspace Function: Digital space for education, counseling, information, and networking for care leavers in the context of the CLS study Mission and goal: Foster multidimensional educational processes, (ecobio-)psychosocial counseling, youth cultural animation, group training, and referral counseling Target group: Young people with experience in residential and foster care</p>
Event and Conference Organization	<p>Groinig, M., Keller, S., [Kochskämper, D.] (2024–2025). CENTRAC Continental European Network on Transitions to Adulthood from Care: Regional chapter and subgroup of Global INTRAC. (Online, every six months) Mastermind Topics: (6) Mental Health and Care Leaving (10/2025); (4) Get-together @EuSARF Croatia (9/2025); (4) CENTRAC meets LATAM (2/2025); (3) CLS-Study (9/2024); (2) Kick-off-Meeting (2/2024); (1) Founding (9/2023)</p> <p>Groinig, M. & Pokoj, M. (2023). Care Leaver Statistics (CLS) Digital network conference. (06.12.2023; Hildesheim, Germany)</p> <p>Groinig, M., Demant, M., Dönmez, S., Erzberger, C. (2023). International advisory board meeting in the context of the CLS study. (03.-05.05.2023; Frankfurt am Main, Germany)</p> <p>Groinig, M., Abou, T., Lips, A. (2023). Care Leaver Statistics (CLS) Network conference. (02.02.-03.02.2023; Hildesheim, Germany)</p> <p>Groinig, M. (2023). Legal refresher with Prof. Dr. Kirsten Scheiwe (Child and Youth Welfare, SGB VIII) and introductory workshop in the statistics software R with Prof. Dr. Janna Teltemann and Christian Koop. (01.02.2023; Hildesheim, Germany)</p> <p>Groinig, M. (2022–2023). Care Leaver Statistics (CLS) colloquium. Internal project event and discussion series on leaving care research in the DACH region. (Online event, monthly)</p>

With invited guest contributions from: (1) Mike Seckinger and Eric von Santen, (2) Stefan Köngeter, Dorothee Schaffner and team, (3) Kirstin Teuber and Veronika Salzburger, (4) Josef Koch, Dorothee Schäfer and Marie Demant, (5) Dirk Nüsken, Wolfgang Böttcher, Frank Müller, Lina Diedich and Laurette Rasch, (6) Andreas Herz, (7) Wolfgang Hagleitner, (8) Stephan Sting, Georg Streißgürtl and Julia Weissnar, (9) Dorothee Kochskämper and (10) Christian Erzberger.

Groinig, M. & Lips, A. (2022). Workshop in quantitative social research with Prof. Dr. Janna Teltemann and colleagues. (15.–16.11.2022; Hildesheim, Germany)

Groinig, M. & Pokoj, M. (2022). Care Leaver Statistics (CLS) | Training in quantitative social research with Mag. Wolfgang Hagleitner. (29.–30.6.2022; DJI Munich, Germany)

Groinig, M. & Abou, T. (2022). Care Leaver Statistics (CLS) | Network conference. (10.–11.3.2022; Hildesheim, Germany)

Groinig, M. & Noack, T. (2021). Care Leaver Statistics (CLS) | Network conference. (10.–12.10.2022; Hildesheim, Germany)

Blumenthal, S., Groinig, M., Knecht, A. (2020). Social pedagogy expert day on professional handling of shame (cancelled & postponed due to COVID-19 pandemic)

Sigot, M., Sting, S., Groinig, M. (2018). Social pedagogy expert day Youth welfare (ended) – and what's next? (15.06.2018; University of Klagenfurt, Austria)